



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra  
Swiss Confederation

Federal Department of the Environment,  
Transport, Energy and Communications DETEC  
**Federal Office of Civil Aviation FOCA**  
Division Safety Division - Flight Operations

## HEC

Applicant's licence number:

**HEC 1 (Sling or cable length is less or equal to 25m)**

**HEC 2 (Sling or cable length is greater than 25m)**

Provisions according to Commission Regulation (EU) No 965/2012 Part-SPO (SPO.SPEC.HEC) and the non-binding FOCA recommendations (Guidance Material)

### Applicant

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

e-mail: \_\_\_\_\_ Signature of applicant: \_\_\_\_\_

### Operator

Name: \_\_\_\_\_ AOC / Declaration No: \_\_\_\_\_

### HEC Instructor

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ License No: \_\_\_\_\_

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ License No: \_\_\_\_\_

## HUMAN EXTERNAL CARGO OPERATIONS – GROUND INSTRUCTION

### OM/SOP

Content of OM including relevant SOPs .....	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Flight and duty times .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Max. cycles / day .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Min. and max. fuel .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Refuelling procedures .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Radio communications / hand signals .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Human factors / CRM / nutrition .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Safety equipment / operational briefing .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Pilot / task specialist responsibilities .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### Aircraft Flight Manual

Limitations .....	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Mass and balance .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Abnormal and emergency procedures .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Performance / HOGE .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Cargo hook supplement .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### Flight Procedures

Short / long line flying techniques .....	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Airspeed selection with load .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Flight path selection (3rd party) .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bank / load factor / load drag .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Load stabilisation techniques / hover & in-flight .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Downwash / load rotation .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Visual hover reference .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Rotor clearance .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Environment / slope / forest / canyon .....	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### Minimum requirements before starting practical HEC instruction:

- Min. 10h on type of helicopter .....
- Type rating completed .....
- HESLO 1 or 2 completed .....
- Relevant experience in the field of operation .....
- Training in human factors principles .....
- Ground instruction completed (marshaller syllabus) .....

Manual & electrical load release .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Decision / exposure time .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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### Load Rigging Techniques

Single person extraction (vertical) .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Single person extraction (horizontal) .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Multi persons extraction .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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### Worksite Preparation

Worksite layout .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Fuel area designation and access .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Ground personnel safe area .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Safety measures / traffic control .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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### Special Equipment

PCDS .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Load lifting means (cargo hook / BQRS, dual hook, hoist, etc.) .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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### Special equipment used by operator

1 .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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2 .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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3 .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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4 .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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### Emergency / Limitations

Flight control stops .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Tail rotor failure .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Engine failure / OEI operation .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Height velocity diagram / exposure time .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Emergency procedures in HEC operations .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Review of HEC accidents / incidents .....

### Dangers / Hazards

Flights in valleys / cables / wires .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Flight over congested areas / roads / 3rd party .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Airflow / up and downdrafts .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Sun / shadow / snow / rain / static electricity .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Settling with power / vortex .....

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Emergency load release .....

<b>Conditions:</b>	<b>OPERATIONAL Equipment</b>	
- Maximum sling length according to the applicable level	1 MERS.....	5 .....
- 1 Task specialist (with radio) at pickup point	2 .....	6 .....
- 1 Task specialist (with radio) at drop off point / on the line	3 .....	7 .....
- helicopter equipped with:	4 .....	8 .....
▪ additional mirror(s) and/or video camera(s)		
▪ a bubble window		

<b>EMERGENCY PROCEDURES</b>		
1 Engine failure .....	5 .....	
2 OEI operation .....	6 .....	
3 Loss of communication .....	7 .....	
4 Rotating load .....	8 .....	

**Flight instruction DC / min. 10 HEC cycles which of 5 cycles 'Human Cargo':** (every square is 1 cycle)  Mirror  Vertical ref.

Cycle No:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Ops. equipment:	<input type="checkbox"/>														
Emergency procedures:	<input type="checkbox"/>														

Date training started: .....

**WARNING: NO human cargo during emergency procedure training. Human cargo always has to be a task specialist.**

Trainee may perform solo HEC with on-site supervision

Date training ended: ..... Signature HEC instructor:.....

**Flight PIC under supervision / min. 10 HEC cycles:** (every square is 1 cycle/use codes)  Mirror  Vertical ref.

Cycle No:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Ops. equipment:	<input type="checkbox"/>														

Date training started: .....

Pilot proficiency has been assessed as **sufficient for the intended operations and environment**. The trainee's logbook has been endorsed with '**HEC Level 1**' or '**HEC Level 2**' satisfactorily completed

Date training ended: ..... Signature HEC instructor:.....

**Additional requirements before acting as unsupervised PIC for HEC 1:**

- 1'000h helicopter flight experience as PIC .....
- For mountain operations, 500h of flight experience as PIC in mountain operations .....

**Additional requirements before acting as unsupervised PIC for HEC 2:**

- HESLO 2 completed .....

### Sign-off by the operator

Last name: ..... First name: ..... Licence No: .....

Function: ..... Signature: ..... Date: .....